

The consequences are serious

4.5 million

accidents in the home every year

... **20,000 deaths** every year

The third

biggest killer in France

1,200

people admitted to hospital **every day**

The main causes of death linked to accidents in the home:

Falls: 9,412 deaths every year

Suffocation: 3,000 deaths every year

Poisoning (medicines, gas, etc.): 1,400 deaths every year

Drowning: 1,000 deaths every year

Bicycle accidents: 14,087 people injured in 2012

DIY accidents: 300,000 people attending A&E every year

Sources: Health Watch Institute, Inpes, Safety and Road Traffic department, insurers, etc.

Why target parents?



The UNAF is the national institution in charge of promoting, defending and representing the interests of all families living in France and, together with the UDAFs and the URAFs, it provides families with support and information on health and prevention matters.

The UNAF is concerned about the number of domestic accidents recorded each year and has decided to take action by creating this brochure aimed at parents, containing practical advice on how to prevent accidents in the home which put their children in danger. This brochure is also available on the UNAF website at www.unaf.fr



The AFVS is an association of families of victims of lead poisoning, an illness which causes a child to suffer irreversible central nervous system disorders.

The AFVS's mission statement is "to promote the protection and defence of the victims of lead poisoning". Its aims include ensuring that the public authorities adopt a genuine public health policy and preventive measures and take action to deal with the risks linked to lead poisoning among children, as well as providing urgent priority rehousing for the families and compensation for the victims.

The AFVS's work focuses on the issue of poor housing because most cases of lead poisoning which the association comes up against every day are due to a rundown living environment. So the AFVS's work involves providing information and visiting substandard housing, and the association is also involved in protecting workers who are exposed to lead and supporting industrial pollution victims.

For further information

www.inpes.sante.fr: the website of the Institut National de Prévention et d'Éducation pour la Santé (National Prevention and Health Education Institute)

www.sante.gouv.fr: the Ministry of Social Affairs and Health's health website

www.stopauxaccidentsquotidiens.fr: a portal which deals with preventing accidents in the home



Preventing accidents in the home



Protecting our children

Once you've fastened your baby into the high chair, feed him or her small mouthfuls.

Don't put any furniture under windows to avoid falls.

Don't use alcohol and keep an eye on the fire to make sure it doesn't get out of control.

Make sure s/he wears a helmet and always set an example by wearing one yourself.

Be careful not to burn yourself with the iron.

Watch your child when s/he is in the pool and teach him or her to swim.

Make sure all electrical sockets are safe.

Don't leave any little things lying around on the floor as your baby might swallow them.

Keep one hand on your baby when you're changing him or her.

Don't leave your child alone in the bath.

Keep your tools and any toxic household products out of children's reach.

Protecting your children means paying attention at all times, here are a few parent-to-parent tips about how to avoid the biggest risks.

